

APRIL 2026

(609) 799-9068

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Happy Passover	3
		8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class-Ed 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	SENIOR CENTER CLOSED 
6	7	8	9	10
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 1 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret (double classroom) \$\$	8:30 Strength - Kelly (activity room) 9:00-2:00 AARP Tax Service (double classroom) 9:00 Spanish 1 - Nelida (library/ ZOOM) \$\$ 9:30 Yoga - Ria (activity room) 10:00 Spanish 2 - Nelida (library/ ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room) 1:00 Bingo	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong-Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class-Ed 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Linda (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dancing (activity room) 11:00 Strength - Anna ZOOM
13	14	15	16	17
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 2 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret (double classroom) \$\$	8:30 Strength - Kelly (activity room) 9:00-2:00 AARP Tax Service (double classroom) 9:00 Spanish 1 - Nelida (library/ ZOOM) \$\$ 9:30 Yoga - Ria (activity room) 10:00 Spanish 2 - Nelida (library/ ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room)	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong-Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class-Ed 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Linda (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dancing (activity room) 11:00 Strength - Anna ZOOM 1:00 Darla & Rich Jazz Music Concert
20	21	22	23	24
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 3 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret (double classroom) \$\$	8:30 Strength - Kelly (activity room) 9:00 Spanish 1 - Nelida (library/ ZOOM) \$\$ 9:30 Yoga - Ria (activity room) 10:00 Lung Cancer Lecture (double classroom) 10:00 Spanish 2 - Nelida (library/ ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room)	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong-Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class-Ed 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Linda (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	8:15 Walking (double classroom) 8:15 Strength - Linda (activity room) 9:30 Chinese Hour - Sylvia (double classroom) 09:30 Tai Chi - Hsueh (activity room) 10:45 Bollywood Dancing (activity room) 11:00 Strength -Anna ZOOM
27	28	29	30	
9:15 Form & Function - Kelly (activity room) 9:15 Stronger Seniors Chair Class (double classroom) 10:15 Yoga - Kelly (activity room) 11:00 Art of Oil Painting - Zakia (double classroom) \$\$ 11:30 Strength - Ed (activity room) 1:00 - 3:00 Session 4 - H.O.P.E. (library) 1:30 Drawing with Calligraphy - Margaret (double classroom) \$\$	8:30 Strength - Kelly (activity room) 9:00 Spanish 1 - Nelida (library/ ZOOM) \$\$ 9:30 Yoga - Ria (activity room) 10:00 Spanish 2 - Nelida (library/ ZOOM) \$\$ 11:15 Chair, Stretch & Tone - Helen (activity room) 1:00 Getting Started with AI Lecture (activity room)	8:15 Walking (double classroom) 9:15 Form & Function - Kelly (activity room) 9:30 Qigong-Mira (double classroom) 10:00 Balance - Anna ZOOM 11:00 Chair Yoga - Ed (activity room) 11:00 Blood Pressure Screening 11:45 Duplicate Bridge (double classroom) 12:00 Meditation Class-Ed 2:50 International Ballroom	8:30 Total Body Toning - Vin (activity room) 9:30 Yoga - Ria (activity room) 10:00 Art of Watercolor - Margaret (double classroom) \$\$ 11:00 Cardio - Linda (activity room) 1:00 Investment Group (double classroom) 1:00 Zumba - Vin (activity room) \$\$	